



4-H NEWS LEE COUNTY

TEXAS A&M
AGRI LIFE
EXTENSION

Roundup Report !



Lee County 4-H was represented at both Multi-District Judging and District

Roundup by 21 members, participating in 13 different contests. Whitney Whitsel placed second in Educational Presentation. She will advance to Texas 4-H State Roundup in June. Her presentation was "Training and Showmanship". Whitney serves as a Livestock Ambassador for Texas 4-H.

Davie Clifford placed second in Agriculture Products Identification. Contestants identify products grown in Texas and answer a question pertaining to the product. Tyler Robertson placed second High Point Individual for Livestock Judging, Intermediate. Garlyn Radford placed second High Point Individual for Meats Judging, Senior. Haley Henderson placed sec-

ond in Photography Judging, Intermediate.

Shelby Burris placed third High Point Individual for Meats Judging, Senior. The Senior Horse Quiz Bowl Team placed third. Team members were Garlyn Radford, Sara McManus, Makayla Woodward and Shelby Burris and advanced to State competition. The Junior Horse Quiz Bowl Team placed third. Team members were Lettie Morris, Kellyn Hervey, Ella Lenox and Kylee Ricketson.

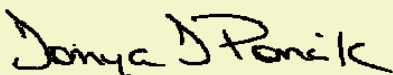
The Intermediate Livestock Judging Team placed fourth. Team members were Tyler Robertson, Bailey Lyon, Emma Lyon and Lily Maass. Abbie Horne placed fourth in the Food Show, Dairy Category.

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Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

Texas Stars 4-H Horse Club

Between July 20 through July 24, 4-H members from all over the State gathered in Abilene for the 53rd Texas State 4-H Horse Show, including members of the Lee County Texas Stars 4-H Horse Club. Thirteen riders from this area competed in numerous events throughout the week, performing and competing well at this high level competition.

The Texas Stars 4-H Drill Team earned 4th Place in the Theme Drill competition, where riders perform a unique drill and have a theme, with costumes and music to match. This year the team's theme was "The 4 Musketeers" and featured elaborate costumes and matching music. The teams are judged on their execution of the drill, the difficulty of the drill, horsemanship, appearance and music.

The Drill Team also competed in the Precision Drill competition, where all teams ride the same pattern and are judged on their horsemanship, execution of the pattern and appearance. The Lee County Texas Stars 4-H earned 4th Place in Precision Drill. Members of the drill team include Alexis Herrera, Amber Schulze, Ariston Turner, Cody Messer, Cortlin Turner, Jodie Taylor, Kadence Looper, Madison Pilkinton, Patrick Hawkins, Shannon Pilkinton, Shylee Turner, Whitney Walker, and Zoe Beadles. The team is coached by Drill Master April Vecera with Assistant Coach Shann Turner.

Individual riders competed successfully

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Kick-Off Meeting & Awards Program

The 2015-2016 4-H Kick-Off Meeting and Awards Program will be held on **Sunday, August 23**, at 2 pm, at the Lincoln Community Center in Lincoln. While celebrating the start of new 4-H year, Awards and Recognitions will be made for the accomplishments and achievements of the last year.

With so many project areas represented through the Lee County 4-H membership, the Kick-Off Meeting and Awards Program is a great opportunity to introduce your friends and neighbors to what 4-H has to offer them.

On-line enrollment opens Sept. 15. Participation Fees (enrollment fees) are \$20/person, if registered before October 31. After that time, fees increase to \$25/person.

This meeting counts toward the "meeting requirements" for 4-H exhibitors at the 2016 Lee County Junior Livestock Show.



Everyone will be treated to an Ice Cream Social, provided by the Lee County 4-H Council and Parent Volunteer Association.

Families attending the Kick-Off Meeting will receive additional information regarding county-wide fund raising.

The Lee County 4-H has conducted three major, county-wide fund raisers in the past years:

Fried Chicken Dinner, September 20

Poinsettia, October/November

Pecans, October/November

Each Fund Raiser has a corresponding point system, through which 4-H members can earn cash rewards. Points can also be earned through "sales" and/or "service" to the 4-H program.

Events like the ice cream social at the Kick-Off Meeting, contest entry fees, and social activities throughout year are supported by these fundraising efforts.

Please RSVP to the Extension office, 979-542-2753, by August 19.

Important

LCJLS Dates

♦ **VALIDATION:**

Steer

Crossbred (ABC & AOB) Heifers

Commercial Market Heifers

(Bred & Open)

Sunday, Sept. 13, 1 pm - 3 pm

Giddings Vet Clinic

♦ **OWNERSHIP DATE:**

Breeding Rabbits

Nov. 1

♦ **VALIDATION:**

Sheep and Meat Goats

Sunday, Nov. 8, 1 pm - 3 pm

LCJLS Show Barn

LEE COUNTY JR. LIVESTOCK SHOW

March 1 - 5, 2016



Lee County 4-H Fun Day 2015

Fun Day was held July 15 at Cooper Farm in Ledbetter. Participants enjoyed shooting sports, gaga ball, basketball, tether ball, canoeing, swimming, fishing and lake blobbing. The Lee County Parent Volunteer Association provided lunch.

Do you see a friend in this photo? Call them up and ask about their time at Fun Day.

Thanks to parents: Mike & Susie Maass, Linda & Sam Wallace, Shann Turner, Daura Bayer, Susie Blansit, Carol Schulz and Holly Kieschnick !! It wouldn't have been the same without you.

Club Officers Announced for 2015 - 2016 4-H Year

Lee County 4-H is preparing for an exceptional 2015 - 2016 year. Clubs have elected their officers and they're destined to lead their membership into areas of great success. Congratulations to the following 4-H members on their election.

Dime Box

President Kelly Shows
 Vice-President Delaney Hirsch
 Secretary Whitney Whitsel
 Treasurer Morgan Wood
 Reporter Sarah Rains
 Bradley Lehmann
 Parliamentarian Hannah Kipp
 Council Delegate Tanner Whitsel
 Alt. Delegate Micah Proske

Doak Springs

President Eldrick "Jay" Cooper, Jr.
 Vice-President Kristrianna McDowell
 Secretary Elexus Cooper
 Treasurer Charles Schumann
 Reporter/Historian Keshun Cooper
 Manuel Wallace
 Council Delegate Myishen Wallace
 Alt. Delegate Kristrianna McDowell

Giddings

President Crystal Colley

Vice-President Cammy Wilhelm
 Secretary Bailey Lyon
 Treasurer Lily Maass
 Reporter Tanner Gill
 Parliamentarian Kaydien Potter
 Council Delegate Savannah Hosch

Lexington

President Gem Brewer
 Vice-President Tyler Otte
 Secretary Chelsea Schneider
 Treasurer Allison Schneider
 Reporter Jacob Otte

Lincoln

President Jenna Kieschnick
 Vice-President Brooks Namken
 Secretary Grace Jennings
 Treasurer Ashley Archer
 Reporter Toye Walther
 Historian Bailee Smith
 Parliamentarian Ty Iselt
 Council Delegate Micaela Schimank

Northwest Lee County

President Kolton Allen
 Vice-President Charlie Schindler
 Secretary Kylee Ricketson
 Treasurer Brooke Wallingsford
 Reporter Lorelei Howard

Parliamentarian Wyatt Retzlaff
 Photographer Brenly Walker
 Council Delegates Steven Kellenberger
 Jordan Marek

Serbin

President KayAnne Zoch
 Vice-President Jordan Mitschke
 Secretary Nicole Birnbaum
 Treasurer Kailey Burgdorf
 Reporter Loryn Henderson
 Council Delegate Robert Zoch
 Alt. Delegate Logan Perry

Texas Stars 4-H Horse Club

President Shylee Turner
 Vice-President Jodie Taylor
 Secretary Ariston Turner
 Treasurer Shannon Pilkinton
 Reporter Whitney Walker
 Parliamentarian Cortlin Turner
 Council Delegate Zoe Beadles

County-wide activities and community service projects are planned by the Lee County 4-H Council. The County Council meets four or more times a year and all 4-H members, parents and leaders are welcome to attend meetings.

Roundup Report !

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Abbie also placed fourth High Point Individual for Consumer Decision Making, Intermediate.

The Intermediate Consumer Decision Making Team placed fourth. Team members were Abbie Horne, Haley Henderson, Naryah Galvan and Lillie Clifford. The Junior/Intermediate Duds to Dazzle Team placed fourth. Team members were Lillie Clifford, Naryah Galvan and Abbie Horne.

Naryah Galvan placed fifth in Fashion Story Board. Adrie Niemeyer placed

sixth High Point Individual, Consumer Decision Making Contest, Intermediate. Haley Henderson placed sixth in Fashion Story Board.

Also competing was the Senior Livestock Judging Team, Jason Winkler, Sara McManus and Crystal Colley.

District Roundup was held in May on the campus of Alvin Community College. Multi-District Judging was held on the campus of Texas A&M University.

Lee County 4-H competed in the Texas 4-H Roundup held in College Station on the campus of Texas A&M University. Six Lee County 4-H members competed in one team event and four individual

events.

Competing as a Senior Qualifying Horse Quiz Bowl team was Shelby Burris, Garlyn Radford, Jason Winkler and McKayla Woodward. Bailey Lyon competed in the Intermediate Livestock Judging Invitational. Garlyn Radford and Shelby Burris each competed in the Senior Qualifying Meat Judging and Identification. Whitney Whitsel competed in the Sheep and Goat Educational Presentation. Supporting these 4-H'ers were Horse Quiz Bowl Team Coach Patti Radford, Parent Volunteer Mary Ellen Whitsel and Lee County Extension Agents, Keeton Ehrig and Tonya Poncik.

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during the week. The Speed Events Division include barrel racing, pole bending and stakes race. Riders competing in speed events included Madison Pilkinton, Shannon Pilkinton, Jodie Taylor and Alexis Herrera.



Amber Schulze and her horse, Chakra, showing off the saddle, pad and buckles they won in the State 4-H Horse Show in Abilene. She also won a \$700 Wrangler Scholarship and two pair of Anderson Bean boots. photo by Patty Schulze

Shylee Turner competed with her yearling filly, ChexOLena BusyNBlond. She placed 3rd in Yearling Lunge Line and 8th in Yearling Filly Halter classes.

Amber Schulze competed in the Over Fences Division took 1st Place in Equita-

tion Over Fences. She placed 2nd in Working Hunter, Hunter Hack and Open Jumping. This earned Amber the High Point in the Hunter Over Fences Division title, along with a \$700 Wrangler Scholarship for being the High Point High School Senior and an English saddle and pad. Anderson Bean Boots also sponsored a pair of boots for the 1st place recipient in each class and the division high point winners. Belt buckles were awarded for 1st and 2nd place in each of these classes. Amber also competed in the Stock Horse Division classes and won 9th place out of 100 entries in the Stock Horse Trail class.

Amber said, "It was an honor, and accomplishing my goals was a great way to end my 4-H career. If anyone is interested in 4-H, they should learn about animals and agriculture; you gain so many life skills as well. There are some amazing people in the Texas 4-H program and being a member of 4-H can open up so many opportunities."

For more information about the Club's activities, please visit



Shylee Turner and her yearling filly, ChexOLena BusyNBlond, showing off their 8th place ribbon in the Yearling Filly competition. photo by Patty Schulze

www.LeeCountyTexasStars.org.

The Stars will host a Play Day series at their home arena in Lexington beginning in September. The Team is also looking for more riders interested in competing in 4-H next year.

Remember !!!

a 15% discount off standards rates for all Texas 4-H families



When booking on-line, enter "TX4H" as the Promo/Corporate Code.



Lee County Texas Stars drill team dressed in their "4 Musketeers" costumes. Left to right Patrick Hawkins, Amber Schulze, Cody Messer, Cortlin Turner, Assistant Coach Shann Turner, Ariston Turner, Jodie Taylor, Kadence Loper, Whitney Walker, Drill Master April Vecera, Alexis Herrera, Shannon Pilkinton, Madison Pilkinton, Shylee Turner and Zoe Beadles. photo by Patty Schulze

An Emphasis on H*E*A*L*T*H !!

Lee County 4-H members can team up to participate in the ****free** WALK ACROSS TEXAS!** program. This is a fun and flexible way to exercise. Just start walking, jogging, biking or doing chores.

During this 8-week program, you keep track of miles to see if you can walk the 830 miles "across Texas". The Lee County 4-H **WALK ACROSS TEXAS!** begins **September 1**.

Record your totals on-line to see how you "measure up"! By the end of **WALK ACROSS TEXAS!**, you will have developed a healthy habit that can last a lifetime.

According to Physical Activity and Health: A Report of the Surgeon General, "Physical inactivity is a serious nationwide problem. It is a public health problem, because it is linked to unnecessary illness and premature death."

More than 60 percent of Americans are not getting enough physical activity to receive health benefits from it. Twenty-five percent of adult Americans report no physical activity in their leisure time. Regular physical activity can reduce the symptoms of depression and anxiety, improve mood and enhance ability to perform daily tasks.

The Centers for Disease Control and the American College of Sports Medicine have

defined moderate physical activity as 30 minutes of moderate-level physical activity a day, at least 5 days a week.

Physical activity doesn't have to be strenuous to produce health benefits. Walking the dog, taking walking breaks during the day or taking the stairs instead of the elevator are all good ways to increase walking into your daily schedule. Walking with friends and family can improve your health and strengthen relationships. Plus, a companion will make walking more enjoyable. Planning in advance can help you stick to a walking routine. Making a regular appointment to walk with a friend can help both of you keep exercising!

WALK ACROSS TEXAS! by yourself is a great way to challenge yourself to maintain or increase your physical activity level.

See how long it takes you to walk the 830 miles across our state! You can track your pounds lost too, if you wish.

If you want to log miles by riding a bicycle or another way, such as dancing, the **WALK ACROSS TEXAS!** website has a mileage equivalent calculator to determine how many miles your physical activity would measure out to be.



Walk[®] Across Texas!

SO GET STARTED !!

Step 1

Register online at <http://WalkAcrossTexas.tamu.edu/aneat/register.php>

Step 2

Track your daily mileage by using the on-line Individual Mileage Log.

Step 3

Total your mileage every week.

Step 4

Enter your weekly total mileage and/or pounds lost in your account on the **Walk Across Texas!** website.

Watch your e-mail for **WALK ACROSS TEXAS!** updates and incentive announcements.

Enjoying County Camp at the Texas 4-H Conference Center in Brownwood, July 6 - 8, were 14 Lee County 4-H members, representing 4 clubs, and 1 guest. ☺

Seen in the picture are: [back row] Jewell Glover, Bailey Lyon, Emma Smith, Brianna Lehmann, Naryah Galvan, Mackenzie Poncik, Abbie Horne, Zoe Beadles, Kailey Burgdorf, [middle row] Kylee Ricketson, Emma Lyon, Lily Maass, [seated] Haley Henderson, Sophie Becker and Crystal Colley.

County Camp usually is schedules for the first part of July. Watch the 4-H Conference Center website for 2016 dates: <http://texas4hcenter.tamu.edu/>



Recordbook Judging

Congratulations to Whitney Whitsel and Ehren Mitschke for their participation in the District 9 4-H Recordbook Judging.

Whitney competed at the Senior Level in the Goat category. Whitney has raised and exhibited goats for many years at both the Lee County Junior Livestock Show as well as Major livestock shows. She earned 4th Place. Whitney will be a Senior at Giddings High School and is a member with Dime Box 4-H Club.

Ehren earned 1st Place, competing at the Junior Level in the Natural Resources category. Her recordbook featured fishing expeditions she's experienced with her family. Ehren is following in her mother, Shanna's, footsteps, whose Recordbook progressed to the State Level. Ehren will be in the 5th Grader at St. Paul Lutheran School and is a member of the Serbin 4-H Club.

Recordkeeping is a very valuable skill taught to members of the Texas 4-H program. Members are encouraged to keep project records and have these records reviewed annually by submitting a Texas 4-H Recordbook.

A recordbook consists of information that a 4-H member records over the course of a 4-H year documenting their

goals, knowledge and skills gained, leadership experiences, awards earned, and service in their community. Those experiences are recorded into forms, narratives, and a story written by the 4-H member. The information is printed, bound in a cover, and is typically submitted for evaluation.

County Extension Agent for Agriculture and Natural Resources, Keeton Ehrig, said, "Recordbooks will help prepare young people for the process of completing quality academic scholarship applications in their Senior Year of High School."

If you are interested completing a Recordbook, contact the Extension office.



Ehren Mitschke won 1st Place at District Recordbook competition.

Agents Seek Individuals to Serve on 4-H Committees

With the variety of projects offered in the 4-H program, Agents Tonya Poncik and Keeton Ehrig are looking for individuals willing to serve on committees to help identify the 4-H projects to focus on as well as scheduling training and contest dates.

Tonya will lead a committee on the FCS projects related to the areas of Food, Clothing, and Consumer Decision Making.

Keeton will lead a committee on projects areas related to Agriculture and

Natural Resources. In addition, the agents would like to have a general committee which oversees the projects such as Photography, Recordbooks, Educational Presentations and others.

If you would like to serve on any of the committees, feel free to contact either Tonya or Keeton either by calling 979-542-2753 or by e-mailing them at TonyaPoncik@agnet.tamu.edu or KeetonEhrig@agnet.tamu.edu. Please contact the Agents at your earliest convenience.



Arinna Froch at Lee County 4-H Fun Day back in July !

Fun Day was a FUN DAY !!

